



## Welcome to Rainbow Trail!

Thank you for registering for the Rocky Mountain Synod Middle School Gathering Retreat!

We cannot wait to spend a weekend of learning, worship, and fun with all of you.

This packet includes important information to prepare you for the retreat.

Here is a breakdown of what you have received:

**What to Bring**

**Theme and Speakers**

**Schedule**

**Directions to Rainbow Trail**

**RTLCL Site Map**

**RTLCL Staff Contact Information**

The Middle School Gathering will be here before you know it. We will see you all soon!

God's peace,

The RTLCL Staff



# Packing List

## Clothing

Layers of T-shirts, Sweaters & Sweatshirts  
Pants  
Undergarmets  
Two Pairs of Shoes - at least one closed toe  
Warm Socks  
Hat and Gloves  
Rain Gear  
Pajamas  
Windproof Jacket  
Snow Boots (weather permitting)

## Toiletries

Towel & Washcloth  
Soap, Shampoo & Conditioner  
Toothbrush & Toothpaste  
Lip Balm or Chapstick  
Sunscreen  
Other Personal Items as Needed

## Bedding

Sleeping Bag  
Pillow  
Blanket

## Other Items

Bible  
Camera  
Water bottle  
Flashlight  
Alarm Clock  
Sunglasses  
Money for Pop Shop

## RETREAT THEME – 2025

### “Breathe”

*“Come to Me, all you who are weary and burdened, and I will give you rest.”*

*Matthew 11:28 (NIV)*

It is important that we know our Heavenly Father gave us life and the ability to *BREATHE*, but it's also important to know we became dead in rebellion, shame and fear when we choked and suffocated on our own sin. The Father then gave us new life in sending Jesus to *BREATHE* the last for us and to *BREATHE* again as He rose from the dead. Jesus now *BREATHES* fresh breath into us. But our breath-giving God didn't stop there. He *BREATHED* His Holy Spirit into us to believe this Good News and continues, even now, for us to rest in Him and catch our breath. Jesus *BREATHES* His love, forgiveness and every day assurances into us not only to keep living, but to have “life abundantly!” (John 10:10).

Jesus will help us “catch our breath” and get reoriented, reanimated and replenished. He will show us awesome things we call “breath-taking”. Jesus will help us to “*BREATHE* deeply” of His Word, His Spirit and His presence and we will be able to be free to live the lives He gives to us.

## KEYNOTE SPEAKER – 2025

### Dave “Packer” Gunnlaugsson

Dave was a Rainbow Trail staffer for many years. He is currently with the MobilePack team at Feed My Starving Children for the past 13 years. He also serves as an Assistant Pastor at Hosanna Lutheran Church and travels the country speaking at youth events and camps. He has a BA from Luther College in Education and an MDiv from Denver Seminary. Dave loves to connect with people, talk about Jesus, and encourage anyone he can. He's a proud dad to Isaac and Sylvie and lives in the great state of Wisconsin!



## Typical RTALC Youth Retreat Schedule

<u>Time</u>	<u>Event</u>	<u>Location</u>
<b><u>Friday</u></b>		
7:00pm	Check-in / Move-in (ends at 8pm)	Columbine
8:00pm	Gathering Songs	Pavilion
	Adult Leader Meeting (15-30 min)	Columbine
	Orientation	Pavilion
8:45pm	Worship (1 hr)	Pavilion
10:00pm	Congregational Time	Your choice of where
10:30pm	Lights Out	
<b><u>Saturday</u></b>		
7:45am	Morning Watch	Outdoor Chapel
<b>8:00am</b>	<b>Breakfast</b>	Aspen
9:15am	Large Group Session	Pavilion
10:30am	Camp Activities	
<b>12:00pm</b>	<b>Lunch</b>	Aspen
1:00pm		
-5:30pm	Camp Activities	
<b>6:00pm</b>	<b>Dinner</b>	Aspen
7:30pm	Dance	Pavilion
8:45pm	Worship (1 hr)	Pavilion
9:30pm	Campfire, Songs & S'mores	Fircle
10:00pm	Congregational Time (see reflection questions!)	
10:30pm	Lights out	
<b><u>Sunday</u></b>		
7:45am	Morning Watch	Outdoor Chapel
<b>8:00am</b>	<b>Breakfast</b>	Aspen
9:30am	Worship (1 hr)	Pavilion
11:00am	<i>Head Down the Mountain</i>	



## **DIRECTIONS TO CAMP**

### **From Denver**

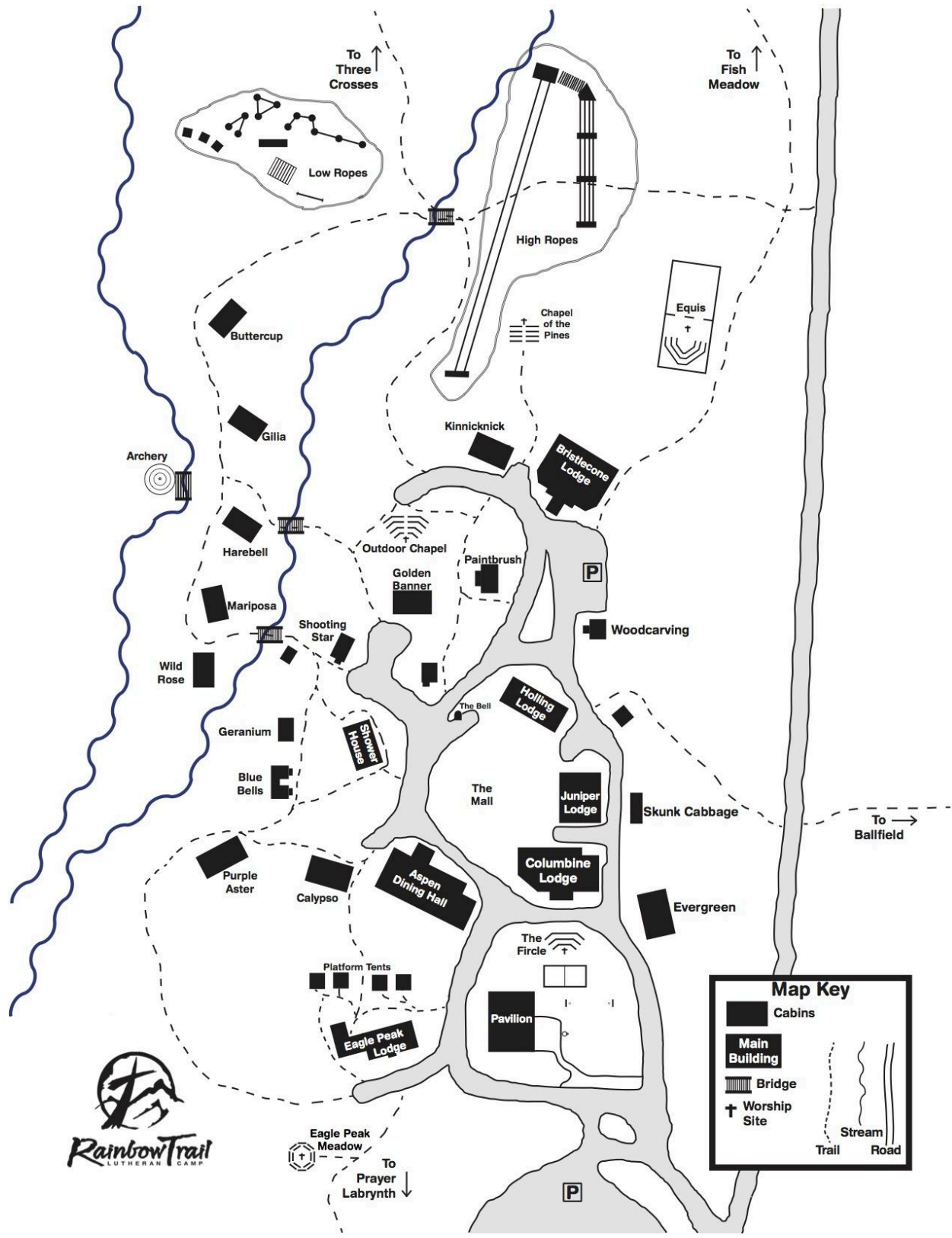
Take I-25 south to Colorado Springs and Exit 140. Continue straight off the exit, following signs for Nevada Avenue. Turn right on Highway 115/Nevada Ave. towards Canon City. Continue approximately 34 miles south on Highway 115 to Penrose. Exit onto Highway 50 and go 11 miles west to Canon City. Stay on Highway 50 for another 26 miles to Texas Creek. Turn onto Highway 69 and go 11 miles south to Hillside. Follow the blue Rainbow Trail Lutheran Camp sign, turning right onto gravel road just after Hillside (County Road 198/Billy Humble Road).

### **From Albuquerque**

Take I-25 north to Walsenburg and take exit 52 onto Highway 69. Go approximately 60 miles north on Highway 69 to Westcliffe. Continue north 16 miles on Highway 69 to Hillside. Follow the blue Rainbow Trail Lutheran Camp sign, turning left onto the gravel road just before Hillside (County Road 198/Billy Humble Road).

### **From Billy Humble Road**

- The camp is 4 miles up this dirt road.
- Follow the signs for Rainbow Trail Lutheran Camp (not Rainbow Trail!) until you see the large Forest Service Rainbow Trail Lutheran Camp sign.
- Keep left at this sign
- Keep to the right until you come to the first lodge. This is Columbine where you'll register, find out where you're staying, and meet some fine Rainbow Trail staff.



**Map Key**

- Cabins
- Main Building
- Bridge
- Worship Site
- Trail
- Stream
- Road

# RTLCL RETREAT CONTACT INFORMATION

**Rainbow Trail Lutheran Camp Business Office:** (719) 276-5233

Please call or email Tricia at our office with any questions regarding registration or payment.

Email: [info@rainbowtrail.org](mailto:info@rainbowtrail.org)

**Delta Wise (Director of Retreat Ministries):** (830) 998-1125

Email: [delta@rainbowtrail.org](mailto:delta@rainbowtrail.org)

## Your Rainbow Trail Team

### Full-Time Staff:



**Delta**



**Dave**



**Will**



**Cam**

### Director of Food Services:



**Chris**

### 2024 / 2025 Program Assistant:



**Reggie**