

RTLCL Summer 2020 COVID-19 FAQs

Although the COVID-19 Pandemic is serious, COVID-19 appears to affect young people less often and with less severity, including frequent asymptomatic or subclinical infection. Evidence of critical illness is rare, especially in healthy youth and young adults without risk factors. However, RTLCL is committed to providing the safest camp possible, and therefore, has developed and implemented comprehensive protocols to prevent and manage the occurrence of COVID-19 and other communicable diseases at camp. RTLCL protocols are aligned with Centers for Disease Control (CDC) guidelines, State of Colorado and Custer County Public Health Department regulations, and the American Camp Association (ACA) Field Guide for Camps on Implementation of CDC Guidance published May 18, 2020.

Risk Reducing Strategies include:

- Medical Pre-Screening for 2 Weeks Prior to Arrival for all persons coming on site
- Arriving at Camp Healthy
- Discourage Attendance for Those at High Risk
- Minimize Number of People on RTLCL Site
- Specific Protocols for Every Activity on Site
- Daily Health Screenings
- Distancing Between Villages
- Frequent Cleaning and Sanitation of Facility
- Hand Hygiene and Sanitizing

Below are answers to frequently asked questions concerning our response to COVID-19.

How will camp be different this year?

Essentially, it will be very similar to what you've come to love and expect from Rainbow Trail. We will still have worship, we'll still hike, we'll still have arts and crafts, woodcarving, low and high ropes, and all camp. Campers will still get to pick their counselor, be Village of the Day, plan their schedules, and have Kitchen Parties. And we still have an incredible staff that is ready to spend the week with your kids. Some of the more obvious differences will be that all meals will be served buffet style, more meals will be served outdoors, cabins will eat together rather than mixed, worship will be more spread out, some activities will be adjusted to support physical distancing, and masks will be required for some activities. All worship services will take place outside. Perhaps the biggest difference is that we will not be rafting this year. Registration will also be different from what it has been in previous years.

What's different about arriving at camp?

Registration will look a little different this year as we will be meeting below the campsite. The first stop upon arriving at camp will be with the Camp Nurse for a screening that will include a temperature check, wellness assessment, and review of health form. If no symptoms are

present, the camper will proceed to the pavilion for registration. One parent will be permitted to join the camper for registration in the pavilion, provided they are wearing a mask. No siblings will be permitted beyond the nurse check-in point. For the safety of the RTALC staff and campers, parents will not be able to accompany their camper beyond the pavilion or to their cabin. If symptoms are noted upon arrival, the Camp Nurse will refer the camper to a local clinic for guidance on testing and further management. Campers presenting with symptoms will not be able to stay for their week of camp.

How do “Villages” work?

Campers will still select their counselor and village. Villages will still be three cabins who participate in activities together and lead together. These will be their “concentric circles.”

What is a “concentric circle”?

Concentric circles, aka cohorts or “germ circles”, are formed to decrease the number of direct contacts each camper and staff member has. Masks are not required within concentric circles, but will be a respected personal choice for each camper and staff member. These concentric circles are maintained for infection prevention and control. Using this small group/concentric circle strategy, contact tracing, if it is necessary, can be undertaken promptly by trained professionals in coordination with local and state health resources, with isolation and surveillance implemented in short order.

What else is RTALC doing to mitigate the risks?

The safety of our campers and staff is our top priority. Some of the steps we have taken to limit the risk for our RTALC Community include:

- Increased and Counselor-Monitored Hand Washing
- Masks Required for Certain Activities
- Minimize Direct Contact, Even within Concentric Circles
- Masks Required for Any Direct Physical Contact or Contact within 6 ft of Someone Outside of Concentric Circle
- Daily Health Screenings by Camp Nurse
- Outdoor Activities Encouraged Whenever Possible
- Bunk Distancing
- Increased Ventilation in Cabins and Indoor Communal Spaces
- Physical Distancing Between Concentric Circles
- Meals in Shifts or Outdoors
- Specific Protocols for All Activities, Including All Camp Activities
- Using an Entry/Exit Point Strategy

What activities will require masks?

Specialists/Staff Instructors will always be wearing masks with kids and distancing as much as possible. Kitchen Staff will be wearing masks whenever in the kitchen, and all food servers will wear masks. Campers will be required to wear masks for activities where physical distance is limited, such as low and high ropes, woodcarving, and singing.

You're going to be singing?

Yes. Because we believe singing is such an important part of our ministry, we will continue to sing at camp. However, with guidance from Dr. Tracey Gaslin, Executive Director of the Association of Camp Nursing, and following the Best Practices from the ACA Field Guide, masks will be required for *all* singing (indoors, outdoors, within, or beyond concentric circles). Physical distancing between concentric circles will be maintained during any singing activities and singing will take place outside except for graces at indoor meals.

What do the Daily Health Screenings look like?

Every morning, our Camp Nurse will conduct a health screening of every person on site. This will include taking a camper's temperature, oxygen saturation (PulseOx), and general assessment. Anyone presenting any symptoms consistent with COVID-19 will immediately be referred to the Camp Nurse.

What is Entry/Exit Point Strategy?

This is defined as the illness prevention strategy followed for entrance and exit to EVERY camp activity and process. An example is campers and staff will sanitize hands and/or wear masks before entering an activity (woodcarving, low or high ropes, archery, meals, All Camp activities, etc), AND again when leaving that activity.

What will you do if someone presents with symptoms consistent with COVID-19?

Anyone presenting with symptoms will be referred to the Camp Nurse immediately. The Camp Nurse, wearing appropriate PPE, will place a mask on the camper or staff member and isolate in a designated cabin. The Camp Nurse will immediately contact the Camp Physician/Canon City Urgent Care Clinic/St. Thomas More Hospital and Custer County Public Health Official for guidance on testing and monitoring. The family of the Camper/Staff Member will also be notified immediately. Due to the length of camp sessions, anyone with suspected COVID-19 as determined by a licensed healthcare provider, will be sent home for quarantine and treatment. If circumstances do not allow the camper to return home that day, the person will be closely monitored and remain isolated in the designated cabin and isolation procedures followed.

What will happen to the concentric circle of someone presenting with symptoms consistent with Covid 19 or other communicable illness?

The “concentric circle” of the individual will be isolated from other circles as much as possible and activities limited to only those within their circle until additional guidance is received.

Will I be notified if Camper/Staff is tested/diagnosed with COVID-19 or other communicable illness?

Yes. In the event of a communicable disease diagnosis, all camper families and staff will be notified and advised whether a direct or indirect contact by the Camp Director and Camp Nurse and the recommended guidance from the Custer County Public Health Agency/Health Care Provider. RTLK is committed to complete transparency with communications following HIPPA regulations.

Communicable Disease Plan:

For additional details regarding our formal plan to mitigate and manage COVID-19 and other communicable illness, please refer to the RTLK Communicable Disease Plan on our website.

Further Questions?

Questions/Concerns welcomed by:

Camp Nurse, Carla Herbig, RN, BSN, at nurse@rainbowtrail.org or by phone at 719-942-4220.

Camp Director, Dave Jarvis, at dave@rainbowtrail.org.